

MANOJ KRISHNA

MBBS, MS(Orth), FRCS, Mch(Orth)

Consultant Spinal Surgeon

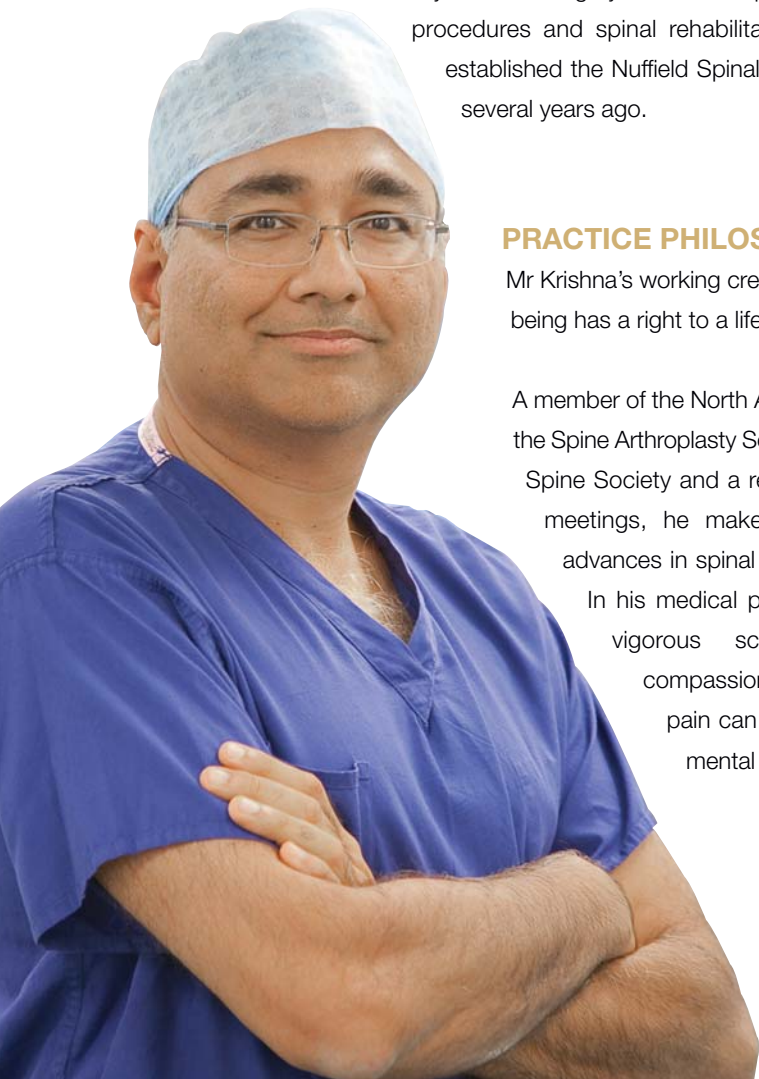
Mr Manoj Krishna is a Consultant Spinal Surgeon, who has been working at Nuffield Health Tees Hospital and the University Hospital of North Tees since 1996. He also consults in Harrogate and York. He currently performs around 400 major spinal operations each year.

TRAINING

Mr Krishna trained in spinal surgery through Spinal Surgery Fellowships in Brisbane, Hong Kong and Nottingham, having completed his Orthopaedic training in Merseyside and Pune, India. Throughout his training and to date he has taken a keen interest in research and the development of new approaches to back pain.

SURGERY

His practice covers the whole range of adult spinal conditions, including surgery for low back pain, neck pain, spinal stenosis and osteoporotic fractures in the elderly. Besides surgery he has an expertise in spinal injection procedures and spinal rehabilitation programs, having established the Nuffield Spinal Rehabilitation program several years ago.



PRACTICE PHILOSOPHY

Mr Krishna's working credo is that 'Every human being has a right to a life without pain'.

A member of the North American Spine Society, the Spine Arthroplasty Society and the European Spine Society and a regular attendee of their meetings, he makes available the latest advances in spinal surgery to his patients.

In his medical practise he combines a vigorous scientific approach with compassion and understands that pain can affect the physical and mental health of his patients.



WEBSITE

His website www.kspine.net is a comprehensive resource, offering patients access to all the information they need to make decisions about their care. The site has several unique features including a video section where patients talk about their experience of surgery, an animation section where operations are explained in a clear and simple manner, an open patient discussion forum, and access to patient stories.

His work attracts referrals from around the country. In his spare time he enjoys reading, poetry, the outdoors and hanging out with his two sons.

PATIENT SUPPORT

Many of Mr Krishna's patients tell him they can feel very lonely in their struggle with back pain and don't know where to go for help and advice. To address this problem, he founded the Tees Valley Spinal Support Group, with the help of some patients. More recently the York Spinal Support Group was established to cater to patients from the York Vale area. Here, patients who have had surgery help and support those waiting for surgery. The meetings are very popular, and up to 100 patients attend each meeting. These free, informal sessions enable patients to discuss any concerns they may have - be they medical or practical - with patients who have already undergone treatment, and are attended by Mr Krishna himself. For a list of dates for the Spinal Support Group please visit kspine.net

RESEARCH AND PUBLICATION

He runs an active spinal research programme and his work is presented on a regular basis in scientific conferences, and published in research journals. He has a special interest in back and neck pain. A full list of his publications and presentations can be found on the website. He has also designed several novel devices that are used in spinal surgery.

For further information visit:

www.kspine.net

www.nuffieldhealth.com/teeshospital

Please visit www.kspine.net for:

- Tees and York Spinal Support Group dates
- Back and neck exercise programmes
- Patient testimonials
- Patients talking about their surgery
- Discussion forum
- Surgery animations
- Video animations
- Patient videos
- Details of treatment options
- Blog
- Referral details